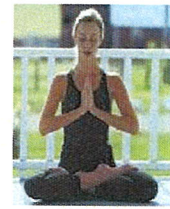


The Holman Group Mental Health PPO Plans



	MENTAL HEALTH BENEFITS	
	CORE PLAN / BUY DOWN / LIMITED	
	In Network	Out of Network
Mental Health Deductible	\$400 Individual \$1,200 Family	
Mental Health Out of Pocket Max	\$2,000 Individual \$4,000 Family	\$5,000 Individual \$10,000 Family
Lifetime Maximum	Unlimited	
Mental Health Hospitalization		
Admission Fees	No Charge	No charge
Inpatient	90% after Ded.	60% after Ded.
Outpatient	Sessions 1-5 \$10 Copay	60% after Ded.
	Sessions 6-10 \$20 copay	
	Sessions 11+ \$25 Copay	
EAP via The Holman Group	5 Face to Face Sessions— No Charge	

- ◆ Managing stress
- ◆ Handling relationship issues
- ◆ Balancing life and work
- ◆ Tobacco, alcohol, or drug cessation
- ◆ Caring for children and/or aging parents
- ◆ Exploring career development options
- ◆ Dealing with conflict or violence
- ◆ Working through grief and loss issues
- ◆ Controlling depression and anxiety
- ◆ Financial services consultation
- ◆ Legal consultation/referral



Accessing the Holman Group Website!

www.holmangroup.com

Provider Search:

1. Go to the Member Section
2. Enter in your username and password
**(Username: holmangroup
Password: cec2042)**
3. Go to "See My Plan"
4. In the member section, under **Additional Benefits** on the right-hand bottom side is the **Provider Search**.
5. To see the entire list in your area, select no preference, and then put in the first three numbers of your preferred zip code for the widest search results.

Need to find a Provider?