



City of El Centro Parks and Recreation Department



ZUMBA FITNESS

Exercise, feel good and have fun with ZUMBA EXERCISE!
Using Latin rhythms and moves you'll be on your way to a great workout! So join us this 2009 year and get in shape with ZUMBA!

Two classes being offered to better suit your schedule.

Conrad Harrison Gym; 750 Park Avenue in El Centro, Ca.
Tuesdays and Thursdays from 10 am—11 am



El Centro Community Center; 375 South First Street in El Centro, Ca.
Tuesdays and Thursdays from 5:15 p.m.— 6:15 p.m.

At the El Centro Community Center, 375 South First Street, El Centro, Ca. 92243

For more information: (760) 337-4555

Cost: \$25 per month

SENIORS ONLY: \$25/ month \$3.00 per class

February Special: Bring your Valentine for free!!! \$25/Couple

Instructor: Raquel Valencia